

Shrinking Violet

Violet's story started tall. Her purple hair impressed us all.

But then her plumage went awry and she became extremely shy.

She seemed to have no energy despite becoming gluten-free.

Her confidence was infiltrated. Her thoughts, she thought, were overrated.

She stopped wanting to have her say; folded herself in half each day.

Until she was just two wide eyes – her mouth a shrug, her shrug a sigh.

She slid like droplets down a drain, her rainbow bow drowned out by rain.

James Brown



Shrinking Violet

by James Brown

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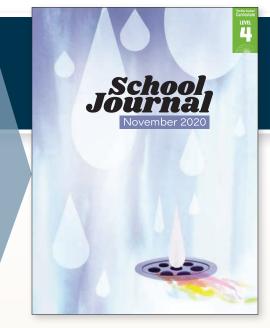
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Curriculum learning areas	English Health and Physical Education
Reading year level	Year 8
Keywords	anxiety, confidence, emotion, expression, identity, language, metaphor, poem, poetry, self-esteem, wellbeing



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